

### DEMENTIA ACTION WEEK



## **HELP GROW OUR ELEPHANT WALK**

Inspired by public art iID would like to invite you to create an elephant for the library window and to join our parade of elephants as part of Dementia Action Week.



Many cultures revere the Elephant as a symbol of strength and power, wisdom and loyalty. It is also praised for its size, longevity, stamina, mental faculties, cooperative spirit, patience and calm.

It is believed that using elephant symbolism in and around one's household will invite good luck and fortune into one's home, while keeping any negativity out.

# MAKE AN ELEPHANT

#### You will need:

- A milk bottle of any size
- Scissors
- Something to decorate with, e.g. marker pens, glue, tissue paper, paint, buttons, newspaper

As part of raising awareness for Dementia Action Week we would like you create your own elephant and share a photo of it on social media.





GLUE ON EARS IF YOU WISH



CUT ALONG THE BOTTOM AND CUT OUT LEGS



DECORATE YOUR MILK BOTTLE TO CREATE
YOUR ELEPHANT



#### Remember to tag us





